



ARIZONA DIGESTIVE HEALTH, P.C.

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GO TO SUTAB.COM- CLICK ON SAVINGS. YOU CAN PRINT A COUPON TO BRING TO THE PHARMACY TO HELP WITH THE COST.

SUTAB Prep Instructions

PLEASE DRINK ALL OF THE WATER REQUIRED-THIS IS VERY IMPORTANT WHEN USING A PILL PREP.

PLEASE MAKE SURE TO FOLLOW OUR INSTRUCTIONS AND NOT THE INSTRUCTIONS IN THE BOX.

DAY PRIOR TO PREP DAY DRINK ATLEAST 48OZ OF WATER

Dose 1- Day prior to colonoscopy:

Do not eat- clear liquids only from the time you wake up the day before the procedure. Example of clear liquids: coffee or tea (no cream), Jell-o, water, broth, soda. NO RED, ORANGE, OR PURPLE

- 6 P.M. on the evening prior to colonoscopy, open one bottle of 12 tablets.
- Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes. Swallow one tablet every 1-2 minutes
- Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.
- If you experience preparation-related symptoms (e.g. nausea, bloating, cramping), you can pause or slow the rate of drinking the additional water until symptoms diminish.

Dose 2 -Day of the colonoscopy

- The morning of colonoscopy (6 hours prior to your procedure time) open the second bottle of 12 tablets.
- Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes. Swallow one tablet every 1-2 minutes.
- Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the provided container again with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.
- If you experience preparation-related symptoms (e.g. nausea, bloating, cramping), pause or slow the rate of drinking the additional water until symptoms diminish.
- **Complete all SUTAB tablets and water at least three hours prior to colonoscopy.**
- Blood pressure, heart or seizure medications can be taken with a sip of water.

You **CANNOT** drive yourself home!!